

Mike's Driving Lessons COVID 19 policy for students and Instructors

In order to create a safe hygienic learning environment we have formed a coherent policy based on the government business COVID-19 guidance.

Pre-Lesson Procedures

Before leaving your house, we kindly ask you to wash your hands for at least 20 seconds, as per government guidelines.

Prior to your lesson, You will be asked the following questions:

- Have you shown any symptoms of Covid-19?
- Have you been in contact with anybody who is now showing any signs of Covid-19?
- Does anybody in your household have any symptoms of Covid-19?

This is to ensure that your instructor can minimise any potential risk of Covid-19 in the vehicle.

Please do not be offended by these questions, as your instructor has a duty of care to both yourself and other pupils.

Be reassured that the vehicle is sterilised and thoroughly cleaned between each "Driver".

All contact points such as the steering wheel, gearstick, indicators/ancillary controls, windows, seat adjustment controls and seatbelts are also cleaned and sterilised.

This also includes after pupil 1 so that the instructor can drive the vehicle away, and after the instructor has driven to their destination to pick up pupil 2.

It is advised against wearing Gloves whilst driving the vehicle - this is because controls such as the steering wheel and gearstick may "slip" whilst gloves are worn.

It is proven that regular washing of hands is more effective at killing germs than wearing gloves.

Students may wear facemasks, if they decide to wear a facemask they are asked to bring their own to ensure they have a mask that fits them.

Disposable facemasks can be used but must be clean/new. Washable facemasks must be clean.

Please note, DVSA operating procedures state that certain masks can lead to fogging up of glasses if both are worn simultaneously.

It is recommended not to wear a mask if this is the case, as visibility and therefore safety will be compromised.

Avoiding unnecessary contact between the student and the instructor - this includes hand shakes.

Mid-Lesson Procedures

Your Driving instructor will attempt to minimise any amount of time directly facing the pupil, in order to reduce any risk of infection, as per government guidelines.

Pupils may choose to re-apply hand sanitiser during the lesson, usually about 1 hour in. If either the pupil or instructor coughs or sneezes it is advised to pull up as soon as it is safe in order to reapply hand sanitiser.

Windows will be opened during the lesson - "Air-Con" systems are not to be used.

Your driving instructor may change their approach to teaching slightly by minimising any contact you have with whiteboards, demonstrators, teaching materials and iPads.

Post-Lesson Procedures

Your instructor will thoroughly sterilise the car before getting into the driving seat - please do not take offence to this! This is simply a safety precaution to remain safe before we drive to our next client.

Payments will be Cash Only, we kindly request that exact amounts are paid in order to reduce change (and therefore contact) and ask that money be placed in a sealed envelope with the pupils name written on.

After your lesson, you are asked to go inside your home and wash your hands, as per government guidelines

If you have symptoms:

If you are self isolating, have a new continuous cough or high temperature please do not attend training. Contact us as soon as possible and your training will be rescheduled free of charge.

If you display any symptoms of COVID19 then you must inform your instructor before your lesson so that the lesson is rescheduled. There will be no charge for this, however bare in mind that if you suspect you have symptoms you must begin a phase of Self-Isolation. For more detailed info on this, please visit <https://www.nhs.uk/conditions/coronavirus-covid-19/>

By commencing/continuing taking Driving Tuition with Mike's Driving Lessons, you agree that we have taken reasonable steps to ensure we are Covid-Secure. You agree that if you show any symptoms, that you are to tell your instructor. Your training will be postponed until a time of which you recover/have completed self isolation free of charge and without prejudice.

Failure to notify your instructor about any symptoms which result in you contracting Covid-19 may put your instructor and other clients at risk.

Signed

Pupil:

Instructor:

GUIDANCE NOTES: Provided by the Approved Driving Instructors National Joint Council (ADINJC)

General Hygiene for students and Instructors

- You must sanitise your hands before entering the vehicle.
- We will provide hand sanitiser, or you can bring your own.
- If you cough or sneeze into your hand you must pull over when it is safe to do so and sanitize your hands and controls.
- To avoid this, always try to cough or sneeze into your sleeve or try to clear your throat with your mouth closed.

Other basic rules to avoid the spread of COVID19 and other germs:

- Wash your hands after using the toilet, before eating.
- If you cough/sneeze into your hands - sanitise immediately if it is safe to do so (or follow the 20-second hand-washing rule if you are at home).
- Cough/sneeze into your sleeve, preferably into your elbow. If you use a tissue, discard it properly and clean/sanitize your hands immediately.
- Open the windows to ensure open ventilation when necessary and ensure that the fan is set to bring air in from outside the vehicle and not circulate .
- Avoid touching your face, particularly eyes, nose, and mouth with your hands to prevent from getting infected.

NHS guidelines state that If you have symptoms of coronavirus, self-isolate for 7 days.

After 7 days:

If you do not have a high temperature, you can stop self-isolating

If you still have a high temperature, keep self-isolating until your temperature returns to normal.

NHS guidance also states:

If you live with someone who has symptoms, self-isolate for 14 days from the day their symptoms started.

This is because it can take 14 days for symptoms to appear.

If more than 1 person at home has symptoms, self-isolate for 14 days from the day the first person started having symptoms.

If you get symptoms while self-isolating – you should self-isolate for 7 days from when your symptoms started, even if it means you're self-isolating for longer than 14 days.

If you do not get symptoms while self-isolating – you can stop self-isolating after 14 days.

We thank you for your support during these difficult times. Stay safe.
Mike & the team @ Mike's Driving Lessons.

The logo for Mike's Driving Lessons is a red rectangular banner with a slight 3D effect. The text "Mike's Driving" is in a white serif font, followed by a white square containing a red capital letter "L", and then the word "Lessons" is in the same white serif font.

Mike's Driving Lessons

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